



S P A M O N T A G E

LAGUNA BEACH



# SPA MONTAGE

## *Laguna Beach*

Welcome to Spa Montage Laguna Beach, a resplendent seaside retreat nestled along the rugged California coastline. A dry, temperate climate coupled with the majestic Pacific Ocean offers guests the healing power of nature year round.

Our mission is to support you in achieving your beauty and wellness goals through an exceptional palette of spa therapies, beauty treatments and wellness offerings – all inspired by our seaside surroundings. Every service is highly personalized and evidence-based, and our caring staff of highly educated professionals stand ready to exceed expectations.

Whether you are seeking a relaxing escape or a complete transformation, we are ready to meet your every need. Our Spa Montage Elements of Wellness Signature Experiences embody innovative expertise: European spa science; progressive fitness programs; empowering mind-body activities; and the best in nutrition to rebalance the body, soothe the mind, and restore vitality.

Settle into the elegant comfort of resort amenities throughout our 20,000 square foot spa including a eucalyptus steam room, dry redwood sauna, ocean air whirlpool, refreshing cold plunge, fireplace lounge, state of the art fitness center, movement studio and lap pool featuring stunning views of the Pacific.

From lavish caviar facials to holistic wellness therapies, cutting edge fitness and world class salon services, Spa Montage Laguna Beach offers an exquisite and unforgettable spa experience.







# ELEMENTS OF WELLNESS

## *Signature Services*

Our experienced Spa Master Therapists undergo hundreds of hours of specialized education to create truly customized therapies that best suit your unique needs. Through careful consideration of your individual constitution, your Master Therapist will design a treatment that offers transformation, rejuvenation, and a stillness of mind.

## ELEMENTS OF WELLNESS SIGNATURE EXPERIENCE

*120 minutes • \$445*

Elevate your wellness to a new level by experiencing the best that spa science and ancient wisdom can offer. In this fully customized body balancing experience, a Master Therapist selects from a full spectrum of spa offerings such as massage, aromatherapy, reflexology, bath or rain shower therapies, earth and ocean elements, body brushing, herbal poultices, body scrubs or wraps, or manual lymphatic drainage. A customized treatment is then developed to address your specific concerns and wellness goals providing a results-oriented experience to set you on a path of ultimate wellbeing and vitality.



## ELEMENTS OF WELLNESS SIGNATURE THERAPY

90/120 minutes • \$340/\$435

Your journey to complete wellness begins with this extraordinary body therapy. Drawing from a palette of spa bodywork offerings, your Master Therapist will create a personalized therapy for true balance and renewal. A variety of modalities are offered, including elements of traditional massages, aromatherapy, gentle connective tissue massage, detoxifying manual lymphatic drainage or balancing reflexology. This ideal holistic therapy is coupled with a personal blend of aromatic oils to interrupt stress patterns, remedy aches and pains, strengthen the immune system and create an intensely deepened state of relaxation followed by a renewed sense of vitality.

## ELEMENTS OF WELLNESS SIGNATURE WRAP

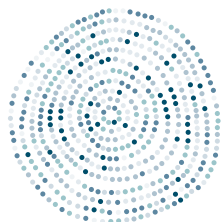
90 minutes • \$340

Hand blended mineral salts and specially formulated ocean, earth, and botanical muds are selected for a soothing body wrap that is designed to restore and balance your unique body type. A relaxing and rejuvenating facial aroma application leaves you with a sense of peace and respite. A rain shower cleanses and a botanical lotion envelops your skin in soft rejuvenation. Experience renewal that resonates deep within as it promotes outer radiance and total wellbeing.

## ELEMENTS OF WELLNESS SIGNATURE FACIAL

90 minutes • \$340

This all-encompassing ritual, originating from traditional Chinese medicine, is a unique approach to treating your skin via your entire body. It begins with a light application of constitutional oils up the spine followed by face mapping to determine your areas of imbalance. Drainage techniques release energy blockages and restore overall vitality. This personalized facial also includes a custom blended specialty mask, pressure point facial massage and foot reflexology to bring you back into balance.











# FACIAL THERAPIES

## ELEMENTS OF WELLNESS SIGNATURE FACIAL

*90 minutes • \$340*

This all-encompassing ritual, originating from traditional Chinese medicine, is a unique approach to treating your skin via your entire body. It begins with a light application of constitutional oils up the spine followed by face mapping to determine your areas of imbalance. Drainage techniques release energy blockages and restore overall vitality. This personalized facial also includes a custom blended specialty mask, pressure point facial massage and foot reflexology to bring you back into balance.

## ADVANCED CUSTOMIZED FACIAL

*60/90 minutes • \$250/\$340*

Drawing from an array of luxurious products, advanced techniques and offerings, a Master Esthetician will determine the approach that will best serve your skin's unique needs. Begin with a consultation to set your goals and experience the best of what Spa Montage has to offer your skin. The 90 minute version may include a specialty facial massage or treatment ampoule depending upon your skin's specific needs and desired results.

## DELUXE CAVIAR FACIAL

*60/90 minutes • \$250/\$340*

This extraordinary, luxurious facial combines powerful antioxidants, protein rich caviar, re-generating Co-Enzyme A and a specifically designed AcuLift Massage to deeply hydrate, reduce fine lines, improve skin elasticity, and smooth skin texture. The result is a vibrant, luminous complexion upon completion. Ideal for mature or dehydrated skin.

## HYDRAFACIAL®

*60/90 minutes • \$265/\$355*

The HydraFacial resurfacing system thoroughly cares for the skin by providing and promoting cleansing, exfoliation, extractions and hydration, including the Vortex-Fusion of antioxidants, peptides and hyaluronic acid. The HydraFacial is a non-invasive, non-surgical procedure for all skin types that delivers instant results with no discomfort or downtime.



# FACIAL THERAPIES

## THE NATURAL FACELIFT

90 minutes • \$340

Using a highly advanced connective tissue massage method, this facial promotes healing while stimulating collagen and increasing elasticity as it firms, lifts and contours without downtime. An antioxidant rich serum and personalized marine mask further reduce fine lines and wrinkles, resulting in a toned appearance and healthy glow.

## BRIGHTENING AND CORRECTING ADVANCED REPAIR FACIAL

60/90 minutes • \$245/\$335

This results-oriented treatment is customized with a multi acid or enzyme peel to address specific conditions of the face, neck, décolleté and hands. Ideal for skin types concerned with hyper-pigmentation, congested skin, fine lines and premature aging. A heated hand treatment is also incorporated into the experience. Upon completion, you will immediately notice a more refreshed and radiant appearance.

## LAGUNA BEACH ORGANIC RADIANCE FACIAL

60/90 minutes • \$245/\$335

Achieve results with the purest, most effective ingredients nature has to offer. Following an assessment, your Esthetician will select lush essential oils, rich botanicals and concentrated marine elements that produce vibrancy only Mother Nature can achieve. Enjoy an aromatherapy facial massage and a hand blended mask with ingredients freshly selected just for you. Purify, balance, hydrate and regenerate your skin to leave a fresh, vital glow.

## GENTLEMAN'S HOT TOWEL TREATMENT

60/90 minutes • \$245/\$335

A deluxe treatment specifically designed to address the biological and gender unique realities of men's skin. Decidedly different gentlemen's products developed with advanced formulas achieve strikingly noticeable results. This luxurious facial treatment also incorporates specialty massage techniques, steamed towels, hand, arm, neck and shoulder massage.



# WAXING SERVICES

Chin or Lip • \$50

Brow Shape • \$65

Face • \$100

Underarms • \$60

Bikini • from \$80

Half Arms • \$70 ~ Full Arms \$85

Half Legs • \$90 ~ Full Legs \$120

Partial Back or Chest • \$90

Full Back or Chest • \$120





## BODY TREATMENTS

With a focus on your specific needs to achieve total body wellness, our luxurious body therapies combine ancient wisdom arts with modern day experiences, and are designed to provide transformation, rejuvenation and stillness of mind.

### ELEMENTS OF WELLNESS SIGNATURE EXPERIENCE

*120 minutes • \$445*

Elevate your wellness to a new level by experiencing the best that spa science and ancient wisdom can offer. In this fully customized body balancing experience, a Master Therapist selects from a full spectrum of spa offerings such as massage, aromatherapy, reflexology, bath or rain shower therapies, earth and ocean elements, body brushing, herbal poultices, body scrubs or wraps, or manual lymphatic drainage. A customized treatment is then developed to address your specific concerns and wellness goals providing an ultimate results-oriented experience to set you on a path of ultimate wellbeing and vitality.

### ELEMENTS OF WELLNESS SIGNATURE WRAP

*90 minutes • \$340*

Hand selected mineral salts and specially blended ocean, earth, and botanical muds are selected for a soothing body wrap that is designed to restore and balance your unique body type. A relaxing and rejuvenating facial aroma application leaves you with a sense of peace and respite. A rain shower cleanses and a botanical lotion envelops your skin in soft rejuvenation. Experience renewal that promotes outer radiance and total wellbeing.

### SEVEN FLOWER RITUAL

*60/90/120 minutes • \$245/\$335/\$425*

Sumptuous textures and exotic aromas create a beauty ritual of renewal especially for her. Blended in perfect synergy, seven healing flowers allow relaxation and a harmony of the senses. Begin with inhalations of aromas drawn from a thousand petals. A soothing flower oil application is followed by a dried petal dusting and body buff. While cocooned in a warm softening wrap enjoy a cool Crystal Quartz facial massage. Cascading water washes away the delicate petals before a veil of geranium rose enrobes you. A blissful hydration of jasmine Shea butter leaves your skin feeling its softest and most beautiful.

Our 90 minute option begins with a relaxing flower infused oil massage.

Our 120 minute option additionally incorporates a compression massage with steamed flower poultices.

### REPLENISHING MARINE MINERAL WRAP

*90 minutes • \$335*

Begin with inhalations of uplifting essences followed by a marine mineral body polish to purify and soften the skin. An ultra-nourishing warm application of the highest quality seaweeds replenish vitamins, nutrients and amino acids while firming and evening skin tone. An aroma scalp and neck massage ensues as your skin absorbs the silken and restorative elements. Cascading water refreshes and a veil of neroli balances before a final blissful hydration.







## BODY FIRING DETOX WRAP

60/90 minutes • \$245/\$335

Toning and lifting body brushing is paired with essential oils to release trapped fluids, exfoliate the skin and increase circulation. Softening and deeply cleansing Rhassoul clay envelops the body in a warm detoxifying wrap while your therapist performs a lymphatic drainage massage on your face and neck, affecting the body as a whole. A stimulating rain shower washes away any remaining impurities and aromas of wild sage and cedar balance and renew. A blissful hydration leaves you feeling light and energized.

## ADVANCED SLIMMING TREATMENT

90 minutes • \$335

Slim and contour legs and thighs with a targeted ankle to hip cellulite reducing therapy. Begin with a dry body brushing to increase circulation and free trapped fluids. A light and gentle yet effective manual therapy encourages lymphatic drainage to tone and refine. Powerful, proven slimming actives combine with plant based firming and refining extracts to minimize the appearance of cellulite. A highly concentrated, intensive body serum instantly penetrates to boost elasticity and visibly refine the skin for a sleek, smooth contour. We recommend preceding this treatment with our Regenerating Sea Soak for optimal results.

## SALT AND STONE KUR


90/120 minutes • \$335/\$425

Purifying and re-mineralizing salt crystals from around the world soften and exfoliate the skin while stimulating circulation. Submerge into ocean botanical infused water to soak away tension, and relax the nerves as you enjoy a delightful scalp and neck massage. Discover inner balance with a refreshing juniper, pink grapefruit and lemon oil massage, incorporating heated Himalayan salt stones for full body muscle relief.

## SEASIDE RENEWAL

90/120 minutes • \$335/\$425

The shores of Laguna Beach are the inspiration for this balancing spa ritual. Begin with inhalations of California citrus aromas followed by a nourishing salt exfoliation. Soak in a bath of the highest quality ocean minerals as you are transported to the rhythm of the sea. Your body is lightly wrapped with silken Undaria algae extracts to replenish the skin while encouraging elimination of toxins resulting in a soft, renewed glow. Absorb the antioxidant-rich elements as you enjoy a Shea butter foot massage. Finish with a luxurious hydration of sweet orange and jasmine as you are carried into a deep reverie.



## TRANQUIL DREAMS

90/120 minutes • \$335/\$425

Soak in a jetted bath of aromatic oils and marine minerals as you are transported to the rhythm of the ocean. Breathe in the grounding and sedating scents of lavender, vetiver and citrus as you enjoy a lavish scalp and neck massage while floating in weightlessness. A veil of precious neroli welcomes rest and ultimate relaxation before you are cocooned in a replenishing Shea butter body wrap. Enveloped in warmth, a luxurious foot massage lulls you into sweet slumber. Finish with a hypnotic, jasmine and orange scented long stroke massage and sink further into pure relaxation and peace, leaving you prepared for a sound night's sleep.

## THERAPEUTIC MINERAL BATHS

30 minutes • \$140

In our ocean breeze garden suite, submerge into a mineral rich therapeutic bath as the perfect prelude to any massage, body treatment or facial. Float with a sense of weightlessness with 53 jets in a bath of ocean inspired botanicals while enjoying an indulgent scalp and neck massage.

## UNWIND WELLNESS SOAK

Cleansing and balancing lavender and vetiver combine with the uplifting benefits of sweet orange to release the effects of stress on the body and unwind the mind.

## REGENERATING SEA SOAK

Relax tired muscles, deeply moisturize the skin and support skin regeneration incorporating spirulina, rosemary and sage. An ideal step in any slimming or purification ritual.

## CALIFORNIA CITRUS POLISH


45 minutes • \$195

Mineral rich sea salts bursting with California citrus aromas and rejuvenating avocado oil is the medium for this uplifting and refreshing body scrub. Radiance is unveiled, leaving the skin vibrant and incredibly soft.

## ENERGIZING BODY POLISH

45 minutes • \$195

Begin with an invigorating full body scrub with mineral salts and a sublime infusion of orange and ginger essences. Finish with a replenishing hydration and inhalations of peppermint and lavender to leave clear headed with increased circulation and renewed energy.





# MASSAGE

Whether suffering from travel fatigue, work-induced stress, specific aches and pains or seeking new ways to unwind, our massage therapists will draw upon their extensive bodywork repertoire to provide relaxation and relief with their artful work in massage therapy.

## ELEMENTS OF WELLNESS SIGNATURE THERAPY

*90/120 minutes • \$340/\$435*

Your journey to complete wellness begins with this extraordinary body therapy. Drawing from a palette of spa bodywork offerings, your Master Therapist will create a personalized therapy for true balance and renewal. A variety of modalities are offered, including elements of traditional massages, aromatherapy, gentle connective tissue massage, detoxifying manual lymphatic drainage or balancing reflexology. This ideal holistic therapy is coupled with a personal blend of aromatic oils to interrupt stress patterns, remedy aches and pains, strengthen the immune system and create an intensely deepened state of relaxation followed by a renewed sense of vitality.

## LAGUNA BEACH BODY BLISS

*60/90/120 minutes • \$245/\$335/\$425*

A light to medium pressure massage using primarily Swedish techniques will provide you with deep relaxation, increased circulation and flexibility. Inhalations of soft meditative aromas encourage the body to let go and unwind. We recommend preceding this massage with our Unwind Wellness Soak for optimal relaxation.

## LAGUNA BEACH BODY RESCUE

*60/90/120 minutes • \$245/\$335/\$425*

A strong pressure, therapeutic massage effectively targets deeper layers of tissue for relief of deep-seated muscle pain and tension. A therapeutic heat pack releases overworked muscles while a focused aromatic blend relieves neck and shoulder restriction. We recommend preceding this massage with our Regenerating Sea Soak for optimal muscle relaxation.







# MASSAGE

## A SYMPHONY IN MASSAGE

60 minutes • \$445

Two therapists work in unison using wave-like motions, washing over tired muscles. A massage synchronized so perfectly, it recalls the lapping tides and balmy breeze moving in the same rhythm at the ocean's edge, just steps away. Finishing with a simultaneous scalp and foot massage, your mind is uplifted, body renewed and replenished. Inspire harmony of the senses and profound relaxation with this ultimate indulgence.

## COASTAL SHORES STONE MASSAGE

60/90 minutes • \$245/\$335

Alternating hot and cool volcanic stones with herb infused oils create a synergy of purification and release. Muscles are eased and inflammation reduced. Radiating heat allows the melting of aches and pains while cool stones relieve discomfort and stagnation. Differing temperatures invigorate the circulatory and lymphatic systems, aiding in self-healing, increased circulation and flexibility. Elements of fire, earth, and water combine for a deeper, lasting relaxation. Our 90 minute option includes an extended focus on tension areas as well as a refreshing Crystal Quartz gemstone facial massage.

## PRENATAL MASSAGE

60/90 minutes • \$245/\$335

Specifically designed massage supports your body through the muscular and structural changes during pregnancy while offering complete relaxation and relief. Herbal oils condition and soften the skin, supplying vital nutrients for cellular growth and renewal. A cooling organic algae and aloe gel revives your calves and feet, relieving fluid retention and restoring balance. Our 90 minute offering includes dry body brushing for mothers-to-be in their first and second trimesters, and a soothing rose petal foot bath for the third.

## ONCOLOGY MASSAGE AND SKINCARE

30/60 minutes • \$140/\$245

Our certified oncology massage-trained therapists are part of an ongoing initiative to integrate holistic modalities into spa. We offer safe, therapeutic oncology bodywork and facials for cancer patients. A doctor's release is requested.

## REFLEXOLOGY

30/60/90 minutes • \$140/\$245/\$335

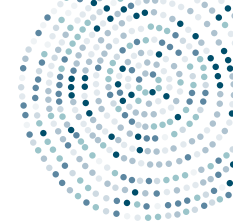
Ancient civilizations discovered that through finger-applied pressure on specific points on the feet, many ailments could be relieved. Today, Reflexology is extremely popular and celebrated for initiating self-healing and relaxation. Your entire body will benefit from an overall renewal of vital life-force energy. Begin with a purifying and energizing sweet orange and ginger mist over the feet and finish with an ultra-hydrating and refining crème.

*30 minutes is a tasting, recommended to be coupled with a Therapeutic Mineral Bath, Massage or Facial.*

*60 minutes is a full session, incorporating hands, ears and feet as well as a replenishing white algae foot mask for purification and balance.*

*90 minutes is an absolutely perfect pairing of our full Reflexology session with 30 minutes of Swedish massage.*





## JUST FOR COUPLES

Rekindle romance and enjoy some respite together. Our couple treatments are a wonderful way to reconnect and indulge as you take time to relax and unwind in our beautiful spa sanctuary.

### COUPLE'S MASSAGE ESCAPE

60/90 minutes • \$245/\$335 per person

Harmonizing and uniting aromas set the intention for a truly romantic couple's massage. Created for just the two of you, this tailored-massage allows you to enjoy quality time together during a side by side massage as you relax and renew.

### ROMANTIC COUPLE'S JOURNEY

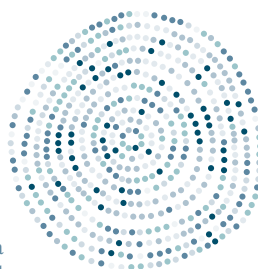
90/120 minutes • \$340/\$435 per person

In our sun-drenched gallery suite, begin with exotically fragrant inhalations of aroma oils followed by a lavish orange ginger body polish. Submerge together in a foaming and purifying marine mineral bath while enjoying an aromatic scalp massage. Your skin is lovingly enveloped with a delicate white rose mist. Discover the true meaning of bliss as you both continue on this soulful journey with a hypnotic full body massage.

### COUPLE'S SIDE BY SIDE MANICURES AND PEDICURES

45/60/75 minutes • manicures \$70+ and pedicures \$90+ per person

Enjoy a side by side manicure or pedicure while reveling in a beautiful ocean view in our Kim Vo salon. Sit back and indulge in a luxurious experience for your hands and feet. We offer a variety of nail services to best suit your needs, a perfect way to finish a relaxing day at the spa.



*Hailed by Vogue magazine as the "Best Blonder in the Business," and a longtime stylist and colorist to Hollywood's A-List, Kim Vo welcomes all to his Montage Laguna Beach salon for superlative hair care with an unprecedented level of personalized attention.*

### PRECISION CUTS

Men • from \$85

Women • from \$150

Blow Dry • from \$85

Up Do • from \$125

### COLOR PROCESSES\*

Single Process Color • from \$85

Partial Highlights • from \$155

Full Highlights • from \$205

Highlights and Single Process Color • from \$225

Color Correction • from \$350

### SPECIALTY SERVICES

Re-New DeFrizz • from \$250-\$350

Bio-Ionic Straightener • from \$500

Extensions • priced upon request

### DELUXE HAIR TREATMENTS\*\*

In-Salon Rituals by Kérastase Paris • from \$60

Deep-Conditioning Moisture Masque • from \$75

*\*Prices vary by stylist.*

*\*\*Additional \$50 for blow dry with treatment.*





# NAIL SERVICES

*Polish your look with our stunning finishing touches*

## SPA MONTAGE SIGNATURE MANICURE

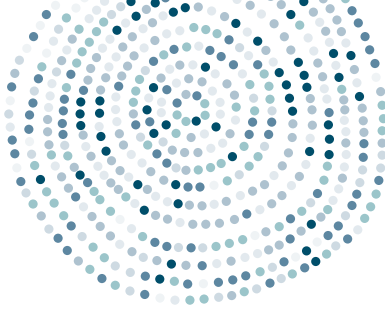
60 minutes • \$90

All the luxury of our Classic Manicure with an added clay mask, infused with peppermint oil and antioxidants, hydrating and sealing in moisture. Your journey is complete with a luxurious massage crème enriched with Shea butter and high doses of vitamins A, C & E. As a gift you will also take your new polish choice home with you.

## SPA MONTAGE SIGNATURE PEDICURE

75 minutes • \$110

All the luxury of our Classic Pedicure with an added clay mask, infused with peppermint oil and antioxidants, hydrating and sealing in moisture. Your journey is complete with a luxurious massage crème enriched with Shea butter & high doses of vitamins A, C & E. As a gift you will also take your new polish choice home with you.



## CLASSIC MANICURE

45 minutes • \$70

Begin with an effervescent soak, comprised of certified organic oils and minerals. The tri-functional sugar scrub is then applied as a three-in-one exfoliator, cleanser, and moisturizer. Nails are buffed, filed, trimmed and painted to your liking. Finish with a delicious house made chocolate to complement your choice of product fragrance.

## CLASSIC PEDICURE

60 minutes • \$90

Sit back and indulge in an invigorating experience for your feet. Begin with an effervescent soak, comprised of certified organic oils and minerals. The tri-functional sugar scrub is then applied as a three in one exfoliator, cleanser, and moisturizer. Nails are buffed, filed, trimmed and painted to your liking. Finish with a delicious house made chocolate to complement your choice of product fragrance.

## GENTLEMEN'S MANICURE

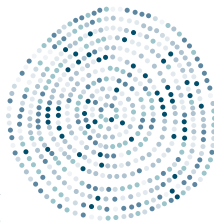
45 minutes • \$70

This classic manicure includes nail trimming and shaping, a hydrating hand scrub, massage and buff. The perfect grooming to keep your hands looking their best. Enjoy a complimentary draft beer as you relax and indulge.

## GENTLEMEN'S PEDICURE

60 minutes • \$90

This therapeutic pedicure leaves your feet and legs refreshed and renewed. Begin with an energizing foot soak before nails are perfectly trimmed and shaped. An exfoliating buff softens skin texture and a cooling foot balm infused with peppermint brings a burst of sensation while revitalizing tired, achy feet. Enjoy a complimentary draft beer as you relax and indulge.



## NAIL SERVICE ADD-ONS

Vynlux Polish • \$10

Polish Change • \$30

French Polish Change • \$40

Paraffin Treatment for Hands and Feet • \$45 each

French Polish • \$20

Gel Nail Removal • \$30

Glitter Body Art • \$15-40



# FITNESS

Spa Montage is passionate about total wellness in body, mind and spirit. Our personal trainers specialize in a variety of fitness techniques and are here to assist you with looking and feeling your best.

Hotel and spa day guests are welcome to enjoy complimentary access to our ocean view fitness center and our group fitness classes.

## PERSONAL TRAINING OR PILATES REFORMER

*Single Sessions* 60/90 minutes • \$145/\$190

## ASSISTED STRETCH

*Single Sessions* 60/90 minutes • \$165/230

Enjoyed in our Movement Studio, relaxing and restorative passive stretching and yoga poses allow the body to let go of muscle tension and joint restriction while you completely relax. This treatment is performed on a cushioned floor mat while wearing comfortable clothing allowing for movement and flexibility. The body is compressed, stretched and rocked in order to clear energy blockages and relieve stress. Highly recommended post workout.

## INBODY COMPOSITION ANALYSIS

30 minutes • \$40

This state of the art machine allows us to look inside, beyond the number of the scale, to determine the internal condition of your body. Your analysis differentiates between body fat, lean muscle and water and allows us to take that data to help you set accurate and measurable goals. Ongoing, regular use will identify how your diet, exercise and lifestyle choices are directly impacting your body composition.

*Private Group Fitness classes and training sessions available.  
View our spa series for select rates on multiple Personal Training  
or Assisted Stretch sessions.*





S P A M O N T A G E

LAGUNA BEACH

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