



S P A M O N T A G E

LAGUNA BEACH



# SPA MONTAGE

## *Laguna Beach*

Welcome to Spa Montage Laguna Beach, a resplendent seaside retreat nestled along the rugged California coastline. A dry, temperate climate coupled with the majestic Pacific Ocean offers guests the healing power of nature year round.

Our mission is to support you in achieving your beauty and wellness goals through an exceptional palette of spa therapies, beauty treatments and wellness offerings – all inspired by our seaside surroundings. Every service is highly personalized and our caring staff of highly educated professionals stand ready to exceed expectations.

Whether you are seeking a relaxing escape or a complete transformation, we are ready to meet your every need. Our Spa Montage signature services embody innovative expertise: European spa science; progressive fitness programs; empowering mind-body activities; and the best in nutrition to rebalance the body, soothe the mind, and restore vitality.

Settle into the elegant comfort of resort amenities throughout our 20,000 square foot spa including a eucalyptus steam room, dry redwood sauna, ocean air whirlpool, refreshing cold plunge, fireplace lounge, state of the art fitness center, movement studio and lap pool featuring stunning views of the Pacific.

From timeless Swiss skin care to holistic wellness therapies, cutting edge fitness and world class salon services, Spa Montage Laguna Beach offers an exquisite and unforgettable spa experience.



# elements of WELLNESS

## *Signature Services*

Our experienced Spa Master Therapists undergo hundreds of hours of specialized education to create truly customized therapies that best suit your unique needs. Through careful consideration of your individual constitution, your Master Therapist will design a treatment that offers transformation, rejuvenation, and a stillness of mind.

## ELEMENTS OF WELLNESS EXPERIENCE

*120 minutes • \$445*

Elevate your wellness to a new level by experiencing the best that spa science and ancient wisdom can offer. In this fully customized body balancing experience, a Master Therapist selects from a full spectrum of spa offerings such as massage, aromatherapy, reflexology, bath or rain shower therapies, earth and ocean elements, body brushing, herbal poultices, body scrubs or wraps, or manual lymphatic drainage. A customized treatment is then developed to address your specific concerns and wellness goals providing a results-oriented experience to set you on a path of ultimate wellbeing and vitality.

## ELEMENTS OF WELLNESS THERAPY

*90/120 minutes • \$345/\$435*

Your journey to true balance and renewal begins with this extraordinary signature body therapy. Drawing from a palette of spa bodywork offerings, your Master Therapist will create a personalized therapy utilizing a variety of modalities such as traditional massage, aromatherapy, gentle connective tissue massage, detoxifying manual lymphatic drainage or balancing reflexology. Coupled with a personalized blend of aromatic oils to interrupt stress patterns, remedy aches and pains, and strengthen the immune system, this therapy invites a deepened state of relaxation followed by a renewed sense of spirit.

## ELEMENTS OF WELLNESS WRAP

*90 minutes • \$345*

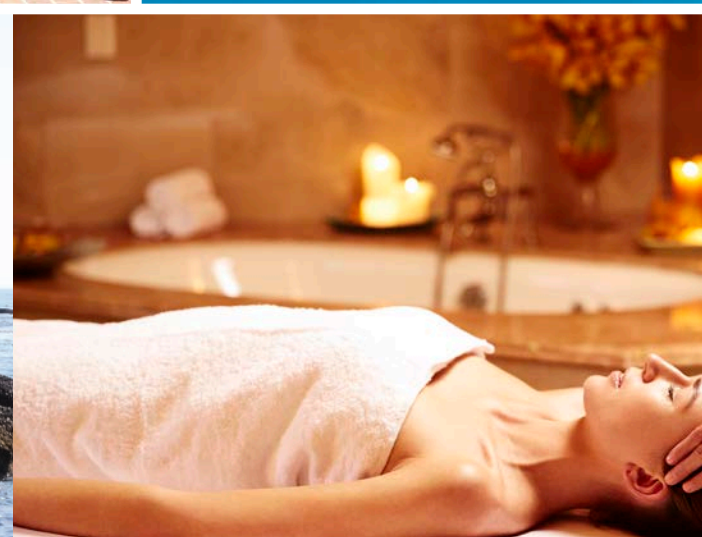
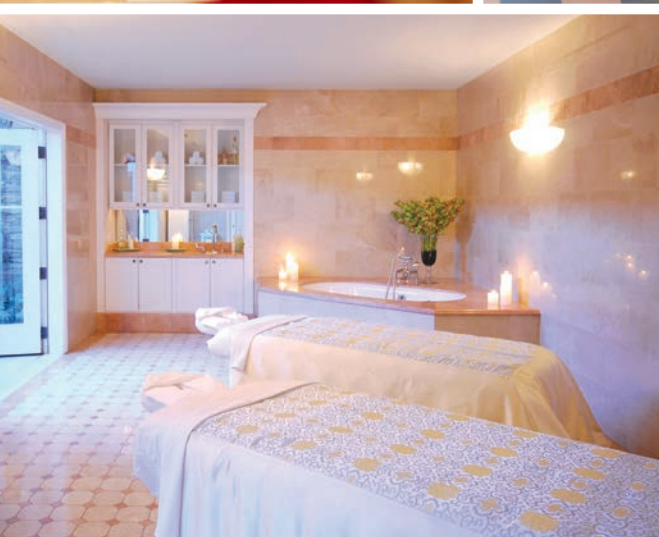
Experience renewal that resonates deep within as it promotes radiance and total wellbeing. Hand blended mineral salts and ocean, earth, and botanical muds are selected for a soothing body wrap designed to restore and balance your unique body type. A relaxing and rejuvenating facial aroma application leaves you with a sense of peace and respite. A rain shower cleanses and a botanical lotion envelops your skin in soft rejuvenation.

## ELEMENTS OF WELLNESS FACIAL

*90 minutes • \$340*

This all-encompassing signature ritual is a unique approach to treating your skin via your entire body. Begin with a light application of constitutional oils up the spine followed by face mapping to determine your areas of imbalance. Custom blended specialty mask, pressure point facial massage and foot reflexology release energy blockages and restore overall vitality.







# FACIAL THERAPIES

J A C Q U E L I N E  
**PIOTAZ**  
S W I T Z E R L A N D

## TIMELESS SWISS SKIN CARE

Jacqueline Piotaz Switzerland, Timeless Swiss Skin Care is now available for the first time in the United States at Spa Montage. The luxurious combination of advanced stem cell products and facial treatment techniques combine revolutionary Triple Plant Stem Cells with the latest advanced Swiss Bio High-Technology, to create a potent effect on cell protection, cell renewal, and cell longevity. Developed by Jacqueline Piotaz, an international skin care authority, produced in a renowned Swiss research laboratory, these treatments and products will improve the tone and texture of your skin while infusing it with actives that leave the skin remarkably timeless and beautiful.

Maintain the amazing results of these facial treatments with easy to use homecare: the Triple Plant Stem Cell Plus Collection, and the Advanced Cellpower Performance Collection.

## TIMELESS BOOSTER TREATMENT

*75 minutes • \$340*

This luxurious Booster facial combines revolutionary Triple Plant Stem Cells with the latest advanced Swiss Bio High-Technology and signature Swiss Power-Lifting massage. Perfect for tired or mature skin that needs a boost, more radiance and brightness. The skin looks plumped and firm while expression lines and wrinkles appear less severe. This treatment will improve the tone and texture of your skin while infusing it with actives that leaves you with timeless beautiful skin.

## BIO DETOX & ANTISTRESS BEAUTY TREATMENT

*75 minutes • \$340*

This Advanced Cellpower Performance facial offers an immediate firming and rejuvenating effect. Advanced Anti-Aging actives with antioxidants and anti-pollution ingredients improve the skin's resistance for a remarkable anti-stress effect. A non-invasive lifting effect for mature and demanding skin. The skin is perfectly nourished, moisturized and balanced and calms redness after excessive environmental stress (weather, cold and sun exposure).

## ELEMENTS OF WELLNESS FACIAL

90 minutes • \$340

This all-encompassing signature ritual is a unique approach to treating your skin via your entire body. Begin with a light application of constitutional oils up the spine followed by face mapping to determine your areas of imbalance. Custom blended specialty mask, pressure point facial massage and foot reflexology release energy blockages and restore overall vitality.

## DELUXE CAVIAR FACIAL

60/90 minutes • \$250/\$340

This extraordinary, luxurious facial combines powerful antioxidants, protein rich caviar, re-generating Co-Enzyme A and a specifically designed AcuLift Massage to deeply hydrate, reduce fine lines, improve skin elasticity, and smooth skin texture. The result is a vibrant, luminous complexion upon completion. Ideal for mature or dehydrated skin.

## HYDRAFACIAL®

60/90 minutes • \$265/\$355

The HydraFacial resurfacing system thoroughly cares for the skin by providing and promoting cleansing, exfoliation, extractions and hydration, including the Vortex-Fusion of antioxidants, peptides and hyaluronic acid. The HydraFacial is a non-invasive, non-surgical procedure for all skin types that delivers instant results with no discomfort or downtime.

## THE ESSENTIAL FACIAL

60/90 minutes • \$250/\$340

Drawing from an array of luxurious products, advanced techniques and offerings, a Master Esthetician will determine the approach that will best serve your skin's unique needs. Begin with a consultation to set your goals and experience the best of what Spa Montage has to offer your skin. The 90 minute version may include a specialty facial massage or treatment ampoule depending upon your skin's specific needs and desired results.



## BRIGHTENING AND CORRECTING REPAIR FACIAL

60/90 minutes • \$245/\$335

This results-oriented treatment is customized with a multi acid or enzyme peel to address specific conditions of the face, neck, décolleté and hands. Ideal for skin types concerned with hyper-pigmentation, congested skin, fine lines and premature aging. A heated hand treatment is also incorporated into the experience. Upon completion, you will immediately notice a more refreshed and radiant appearance.

## LAGUNA BEACH ORGANIC RADIANCE FACIAL

60/90 minutes • \$245/\$335

Achieve results with the purest, most effective ingredients nature has to offer. Following an assessment, your Esthetician will select lush essential oils, rich botanicals and concentrated marine elements that produce vibrancy only Mother Nature can achieve. Enjoy an aromatherapy facial massage and a hand blended mask with ingredients freshly selected just for you. Purify, balance, hydrate and regenerate your skin to leave a fresh, vital glow.

## GENTLEMAN'S HOT TOWEL TREATMENT

60/90 minutes • \$245/\$335

A deluxe treatment specifically designed to address the biological and gender unique realities of men's skin. Decidedly different gentlemen's products developed with advanced formulas achieve strikingly noticeable results. This luxurious facial treatment incorporates specialty massage techniques, steamed towels, hand, arm, neck and shoulder massage.



# WAXING SERVICES

Chin or Lip • \$50

Brow Shape • \$65

Face • \$100

Underarms • \$60

Bikini • from \$80

Half Arms • \$70 ~ Full Arms \$85

Half Legs • \$90 ~ Full Legs \$120

Partial Back or Chest • \$90

Full Back or Chest • \$120



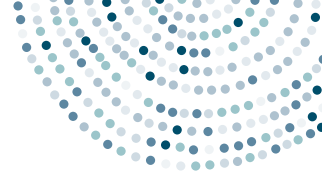
# BODY TREATMENTS

With a focus on your specific needs to achieve total body wellness, our luxurious body treatments combine ancient wisdom arts with modern day experiences, and are designed to provide transformation, rejuvenation and stillness of mind.

## ELEMENTS OF WELLNESS EXPERIENCE

*120 minutes • \$445*

Elevate your wellness to a new level by experiencing the best that spa science and ancient wisdom can offer. In this fully customized body balancing experience, a Master Therapist selects from a full spectrum of spa offerings such as massage, aromatherapy, reflexology, bath or rain shower therapies, earth and ocean elements, body brushing, herbal poultices, body scrubs or wraps, or manual lymphatic drainage. A customized treatment is then developed to address your specific concerns and wellness goals providing an ultimate results-oriented experience to set you on a path of ultimate wellbeing and vitality.



## ELEMENTS OF WELLNESS WRAP

90 minutes • \$345

Experience renewal that resonates deep within as it promotes radiance and total wellbeing. Hand blended mineral salts and ocean, earth, and botanical muds are selected for a soothing body wrap designed to restore and balance your unique body type. A relaxing and rejuvenating facial aroma application leaves you with a sense of peace and respite. A rain shower cleanses and a botanical lotion envelops your skin in soft rejuvenation.

## SEVEN FLOWER RITUAL

60/90/120 minutes • \$255/\$345/\$435

Sumptuous textures and exotic aromas create a beauty ritual of renewal. Blended in perfect synergy, seven healing flowers allow relaxation and a harmony of the senses. Begin with inhalations of aromas drawn from a thousand petals. A soothing flower oil application is followed by a dried petal dusting and body buff. While cocooned in a warm softening wrap, enjoy a cool Crystal Quartz facial massage. Cascading water washes away the delicate petals before a veil of geranium rose enrobes you. A blissful hydration of jasmine Shea butter leaves your skin feeling its softest and most beautiful.

Our 90 minute option begins with a relaxing flower infused oil massage.

Our 120 minute option additionally incorporates a compression massage with steamed flower poultices.

## REPLENISHING MARINE MINERAL WRAP

75/90 minutes • \$295/\$335

Begin with inhalations of uplifting essences followed by a marine mineral body polish to purify and soften the skin. An ultra-nourishing warm application of the highest quality seaweeds replenish vitamins, nutrients and amino acids while firming and evening skin tone. An aroma scalp and neck massage ensues as your skin absorbs the silken and restorative elements. Finish with a veil of neroli before a final blissful hydration.

\*A 60 Minute Prenatal Wrap is available, please inquire with Spa Reservations



## BODY FIRMING DETOX WRAP

60/90 minutes • \$245/\$335

Toning and lifting body brushing is paired with essential oils to release trapped fluids, exfoliate the skin and increase circulation. Softening and deeply cleansing Rhassoul clay envelops the body in a warm detoxifying wrap while your therapist performs a lymphatic drainage massage on your face and neck, affecting the body as a whole. A stimulating rain shower washes away any remaining impurities and aromas of wild sage and cedar balance and renew. A blissful hydration leaves you feeling light and energized.

## SALT AND STONE KUR

90/120 minutes • \$345/\$435

Purifying and re-mineralizing salt crystals from around the world soften and exfoliate the skin while stimulating circulation. Submerge into an ocean botanical infused bath to soak away tension, and relax the nerves as you enjoy a delightful scalp and neck massage. Discover inner balance with a refreshing juniper, pink grapefruit and lemon oil massage, incorporating heated Himalayan salt stones for full body muscle relief.

## SEASIDE RENEWAL

90/120 minutes • \$345/\$435

The shores of Laguna Beach are the inspiration for this balancing spa ritual. Begin with inhalations of California citrus aromas followed by a nourishing salt exfoliation. Soak in a bath of the highest quality ocean minerals as you are transported to the rhythm of the sea. Your body is lightly wrapped with silken Undaria algae extracts to replenish the skin while encouraging elimination of toxins resulting in a soft, renewed glow. Absorb the antioxidant-rich elements as you enjoy a Shea butter foot massage. Finish with a luxurious hydration of sweet orange and jasmine as you are carried into a deep reverie.

## TRANQUIL DREAMS

90/120 minutes • \$345/\$435

Soak in a jetted bath of aromatic oils and marine minerals and breathe in the sedating scents of lavender, vetiver and citrus as you enjoy a lavish scalp and neck massage while floating in weightlessness. A veil of precious neroli welcomes rest and ultimate relaxation before you are cocooned in a replenishing Shea butter body wrap. Enveloped in warmth, a luxurious foot massage lulls you into sweet slumber. Finish with a hypnotic, jasmine and orange scented long stroke massage and sink further into pure relaxation and peace, leaving you prepared for a sound night's sleep.





## THERAPEUTIC MINERAL BATHS

30 minutes • \$140

In our ocean breeze garden suite, submerge into a mineral rich therapeutic bath as the perfect prelude to any massage, body treatment or facial. Float with a sense of weightlessness with 53 jets in a bath of ocean inspired botanicals while enjoying an indulgent scalp and neck massage.

### UNWIND BALANCING SOAK

Balancing lavender and vetiver combine with uplifting sweet orange to release the effects of stress on the body and unwind the mind.

### REGENERATING SEA SOAK

Spirulina, rosemary and sage relax tired muscles, deeply moisturize the skin and support regeneration. An ideal step in any slimming or purification ritual.

### EUCALYPTUS WELLNESS SOAK

Soothe muscles and boost the immune system with refreshing eucalyptus and deep sea minerals.

## REFINING BODY SCRUBS

60 minutes • \$245

Mineral rich sea salt bursting with coastal botanical essences and rejuvenating avocado oil is the nourishing medium for an uplifting and refreshing body scrub. Radiance is unveiled, leaving the skin vibrant and incredibly soft.

### CALIFORNIA CITRUS

A synergistic and uplifting blend of sweet orange, grapefruit, bergamot and lime.

### ENERGIZING BODY POLISH

A sublime infusion of orange and ginger stimulates the senses. Finish with inhalations of peppermint and lavender to clear the mind, increase circulation and renew energy.



# MASSAGES

Whether suffering from travel fatigue, work-induced stress, specific aches and pains or seeking new ways to unwind, our massage therapists will draw upon their extensive bodywork repertoire to provide relaxation and relief with their artful work in massage therapy.

## ELEMENTS OF WELLNESS THERAPY

*90/120 minutes • \$345/\$435*

Your journey to true balance and renewal begins with this extraordinary signature body therapy. Drawing from a palette of spa bodywork offerings, your Master Therapist will create a personalized therapy utilizing a variety of modalities such as traditional massage, aromatherapy, gentle connective tissue massage, detoxifying manual lymphatic drainage or balancing reflexology. Coupled with a personalized blend of aromatic oils to interrupt stress patterns, remedy aches and pains, and strengthen the immune system, this therapy invites a deepened state of relaxation followed by a renewed sense of spirit.

## LAGUNA BEACH BODY BLISS

*60/90/120 minutes • \$245/\$335/\$425*

A light to medium pressure massage using primarily Swedish techniques will provide you with deep relaxation, increased circulation and flexibility. Inhalations of soft meditative aromas encourage the body to let go and unwind. We recommend preceding this massage with our Unwind Balancing Soak for optimal relaxation.

## LAGUNA BEACH BODY RESCUE

*60/90/120 minutes • \$245/\$335/\$425*

A strong pressure, therapeutic massage effectively targets deeper layers of tissue for relief of deep-seated muscle pain and tension. A therapeutic heat pack releases overworked muscles while a focused aromatic blend relieves neck and shoulder restriction. We recommend preceding this massage with our Regenerating Sea Soak for optimal muscle relaxation.

## COASTAL SHORES STONE MASSAGE

*60/90 minutes • \$245/\$335*

Alternating hot and cool volcanic stones with herb infused oils create a synergy of purification and release. Muscles are eased and inflammation reduced. Radiating heat allows the melting of aches and pains while cool stones relieve discomfort and stagnation. Differing temperatures invigorate the circulatory and lymphatic systems, aiding in self-healing, increased circulation and flexibility. Elements of fire, earth, and water combine for a deeper, lasting relaxation. Our 90 minute option includes an extended focus on tension areas as well as a refreshing Crystal Quartz gemstone facial massage.

## CALIFORNIA WILDFLOWER MASSAGE

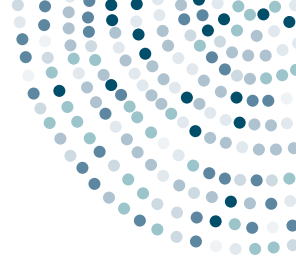
*90 minutes • \$345*

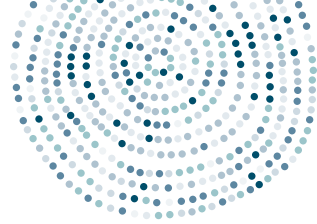
Where the desert meets the sea - Southern California nurtures a bouquet of healing flowers which serve as the inspiration for this restorative massage. Inhalations of floral essences invite relaxation before a heated flower compress massage soothes and balances the body, restores flexibility and relieves aches and pains while healing the skin. A therapeutic massage with a flower infused oil renews, and a specialty neroli flower scalp massage eases tension. Waves of enchanting jasmine and uplifting orange boost the mood and leave a soft satin finish to the hands and feet, resulting in feelings of harmony and joy.

## LEMON JUNIPER DETOX MASSAGE

*60/90 minutes • \$255/\$345*

An anointing of essential oils centers on purifying and detoxifying the body. Dry body brushing exfoliates, stimulates and tones, increasing circulation and strengthening vascular tissue. The body is massaged and refreshed with coastal aromatics such as rosemary and thyme blended with uplifting grapefruit and juniper. A cooling gel is applied to the calves as you enjoy a foot treatment that focuses on reflex zones to stimulate energy flow and leave you feeling grounded and relaxed.





## PRENATAL MASSAGE

60/90 minutes • \$245/\$335

Specifically designed massage supports your body through the muscular and structural changes during pregnancy while offering complete relaxation and relief. Herbal oils condition and soften the skin, supplying vital nutrients for cellular growth and renewal. A cooling organic algae and aloe gel revives your calves and feet, relieving fluid retention and restoring balance. Our 90 minute offering includes dry body brushing for mothers-to-be in their first and second trimesters, and a soothing rose petal foot bath for the third.

## ONCOLOGY MASSAGE AND SKINCARE

30/60 minutes • \$140/\$245

Our certified oncology massage-trained therapists are part of an ongoing initiative to integrate holistic modalities into spa. We offer safe, therapeutic oncology bodywork and facials for cancer patients. A doctor's release is requested.



## REFLEXOLOGY

30/60/90 minutes • \$140/\$245/\$335

Ancient civilizations discovered that through finger-applied pressure on specific points on the feet, many ailments could be relieved. Today, Reflexology is extremely popular and celebrated for initiating self-healing and relaxation. Your entire body will benefit from an overall renewal of vital life-force energy. Begin with a purifying and energizing sweet orange and ginger mist over the feet and finish with an ultra-hydrating and refining crème.

*30 minutes is a tasting, recommended to be coupled with a Therapeutic Mineral Bath, Massage or Facial.*

*60 minutes is a full session, incorporating hands, ears and feet as well as a replenishing white algae foot mask for purification and balance.*

*90 minutes is an absolutely perfect pairing of our full Reflexology session with 30 minutes of Swedish massage.*

## MANUAL LYMPHATIC DRAINAGE

60/90/120 minutes • \$245/\$335/\$425

A precise, light-to-touch therapy recognized by both the international spa and medical communities, Dr. Vodder's Manual Lymph Drainage is the perfect spa rejuvenation therapy. Increased lymph flow removes harmful substances from the tissues and can increase immune function. Ideal for pre and post cosmetic surgery, dermatological indications, fluid retention, sport injuries, stress, sluggish immune system, and lifestyle disorders including chronic digestive issues, insomnia, sinusitis and headaches. Best results are achieved when focused on a specific area; allow longer duration to address multiple areas and 120 minutes to address the full body.





# NAIL SERVICES

*Polish your look with our stunning finishing touches*

## BLISSFUL ESCAPE MANICURE AND PEDICURE

*Manicure 75 minutes • \$120 Pedicure 90 minutes • \$140*

Enjoy a creative experience filled with luxury, authenticity and pampering specifically for you. Your Alchemista will assist you in exploring the enchanting world of aromatherapy to design a personalized crème to be incorporated into your luxurious nail treatment. Relax with a warm neck roll and rose petals to whisk you away into sheer bliss. Continue your journey beyond Spa Montage by taking the remaining custom blended crème home with you.

## SPA MONTAGE MANICURE AND PEDICURE

*Manicure 60 minutes • \$100 Pedicure 75 minutes • \$120*

All the luxury of our Classic nail services with an added clay mask, infused with peppermint oil and antioxidants, hydrating and sealing in moisture. Your journey is complete with a luxurious massage crème enriched with Shea butter and high doses of vitamins A, C & E.



## CLASSIC MANICURE AND PEDICURE

*Manicure 45 minutes • \$80 Pedicure 60 minutes • \$100*

Begin with an effervescent soak, comprised of certified organic oils and minerals. A moisturizing scrub is then applied to exfoliate, cleanse and moisturize the skin. Nails are buffed, filed, trimmed and painted to your liking.

## GENTLEMEN'S MANICURE

*45 minutes • \$70*

This classic manicure includes nail trimming and shaping, a hydrating hand scrub, massage and buff. The perfect grooming to keep your hands looking their best. Enjoy a complimentary draft beer as you relax and indulge.

## GENTLEMEN'S PEDICURE

*60 minutes • \$90*

This therapeutic pedicure leaves your feet and legs refreshed and renewed. Begin with an energizing foot soak before nails are perfectly trimmed and shaped. An exfoliating buff softens skin texture and a cooling foot balm infused with peppermint brings a burst of sensation while revitalizing tired, achy feet. Enjoy a complimentary draft beer as you relax and indulge.

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## NAIL SERVICE ADD-ONS

French Polish • \$20

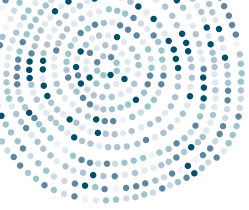
Gel Nail Removal • \$30

Paraffin Treatment for Hands and Feet • \$45 each

Polish Change • \$30

French Polish Change • \$40





**KIM VŌ**<sup>®</sup>  
AT MONTAGE HOTELS & RESIDENCES

*Hailed by Vogue magazine as the “Best Blender in the Business,”  
and a longtime stylist and colorist to Hollywood’s A-List,  
Kim VŌ partners with Montage Laguna Beach salon for superlative  
hair care with an unprecedented level of personalized attention.*

#### PRECISION CUTS\*

Men • from \$85

Women • from \$150

Blow Dry • from \$85

Up Do • from \$125

#### COLOR PROCESSES

Single Process Color • from \$85

Partial Highlights • from \$155

Full Highlights • from \$205

Highlights and Single Process Color • from \$225

Color Correction • from \$350

#### SPECIALTY SERVICES

Keratin Smoothing Treatment • from \$250

Extensions • priced upon request

Makeup Application • priced upon request

#### DELUXE HAIR TREATMENTS

Fusio Dose Instant Treatments by Kerastase Paris • from \$60

Deep-Conditioning Moisture Masque • from \$75

Chronologiste Caviar Revitalizing Hair and Scalp Treatment • from \$100

*\*Prices vary by stylist.*



## JUST FOR COUPLES

Rekindle romance and enjoy some respite together. Our couple treatments are a wonderful way to reconnect and indulge as you take time to relax and unwind in our beautiful spa sanctuary.

#### COUPLE’S MASSAGE ESCAPE

*60/90 minutes • \$245/\$335 per person*

Harmonizing and uniting aromas set the intention for a truly romantic couple’s massage. Created for just the two of you, this tailored-massage allows you to enjoy quality time together during a side by side massage as you relax and renew.

#### ROMANTIC COUPLE’S JOURNEY

*90/120 minutes • \$345/\$435 per person*

In our sun-drenched gallery suite, begin with exotically fragrant inhalations of aroma oils followed by a lavish orange ginger body polish. Submerge together in a foaming and purifying marine mineral bath while enjoying an aromatic scalp massage. Your skin is lovingly enveloped with a delicate white rose mist. Discover the true meaning of bliss as you both continue on this soulful journey with a hypnotic full body massage.

#### COUPLE’S SIDE BY SIDE MANICURES AND PEDICURES

*45/60/75 minutes • Manicures starting at \$80+ and Pedicures starting at \$100+ per person*

Enjoy a side by side manicure or pedicure while reveling in a beautiful ocean view in our Kim Vo salon. Sit back and indulge in a luxurious experience for your hands and feet. We offer a variety of nail services to best suit your needs, a perfect way to finish a relaxing day at the spa.



# TEEN SPA SERVICES

*Begin a wellness program that will last a lifetime*

Available for guests ages 12-15. Access to the Spa facilities or pool is not available. A parent must be present for all services, including in the treatment room for massage and facial services.

## TEEN BALANCING FACIAL

*60/90 minutes • \$245/\$335*

Nature's best ingredients replenish the skin for a radiant, clear complexion. A relaxing facial massage, gentle exfoliation and customized mask will illuminate the skin. Perfect for teens learning how to properly care for their skin.

## OCEAN WAVE TEEN MASSAGE

*60 minutes • \$245*

This Swedish-style massage of the neck, shoulders, arms and legs relieves tension and soothes tired muscles.

## MAKE UP LESSON

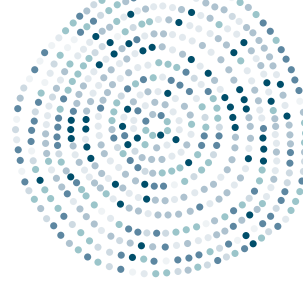
*Priced upon request*

Allow a cosmetic expert to teach you how to apply the perfect colors, tones and textures to help you look your best. Learn simple and quick application techniques for a fresh, everyday look as well as specialist tips including what to keep in your makeup bag and the proper care of brushes.

## CLASSIC MANICURE AND PEDICURE

*Manicure 45 minutes • \$80 Pedicure 60 minutes • \$100*

A soak, cleanse and massage is followed by a nail shaping and painting with a color of your choice.



## PRIVATE YOGA AND MEDITATION

*60 minutes • \$145*

Develop proper posture and maintain flexibility with mindful breathing and restorative yoga. Teach the body to relax and balance in a nurturing setting, while experiencing the blissful stillness of mind to create a deeper sense of self and increased awareness.

## PERSONAL TRAINING

*60 minutes • \$145*

Our expert trainers will lead you through a balanced workout designed around your needs while ensuring proper technique and focusing on muscular strength, endurance and flexibility.





# SPA MONTAGE SOIREE

Share a memorable day of indulgence at Spa Montage Laguna Beach. Ideal for client meetings, bridal showers, baby showers and intimate birthday gatherings, a Spa Montage Soiree is sure to create lifelong memories of joyful celebration, health and wellness.

Enhance your event with a Spa program tailored to your group - our dedicated Spa Sales Coordinator will assist you in planning unique activities from start to finish. Programs are fully customizable and include a variety of activities from body treatments to group wellness classes, including our Thalassic Beach Walk, Montage Yoga Ritual or Beach Boot Camp. Conclude with lunch poolside at Mosaic Bar and Grille for a day that will not soon be forgotten.

## FITNESS

Spa Montage is passionate about total wellness in body, mind and spirit. Our personal trainers specialize in a variety of fitness techniques and are here to assist you with looking and feeling your best.

Hotel and spa day guests are welcome to enjoy complimentary access to our ocean view fitness center and our group fitness classes.

### PERSONAL TRAINING OR PILATES REFORMER

*Single Sessions*                      *60/90 minutes • \$145/\$190*

### INBODY COMPOSITION ANALYSIS

*30 minutes • \$40*

This state of the art machine allows us to look inside, beyond the number of the scale, to determine the internal condition of your body. Your analysis differentiates between body fat, lean muscle and water and allows us to take that data to help you set accurate and measurable goals. Ongoing, regular use will identify how your diet, exercise and lifestyle choices are directly impacting your body composition.

*Private Group Fitness classes and training sessions available.  
View our spa series for select rates on multiple Personal Training or Assisted Stretch sessions.*



# SPA BOUTIQUE

Welcome to our spa boutique and enjoy browsing a splendid assortment of spa inspired beauty products, quality leisure and active wear, elegant accessories, and luxurious gift items. Beautify your skin with the natural power of the sea with OSEA, the secret ingredients of nature's flora with Eminence, the combination of natural actives and science with Kerstin Florian, and the ultimate in skin care performance with Spa Montage's exclusive, renown advanced bio -technology - natural stem cell line: Jacqueline Piotaz Switzerland. To round out your beauty needs enjoy access to the luxurious haircare line, Kerastase, and the premier mineral make-up line La Bella Donna. Satisfy your fashionista with beautiful active wear by Vimma and R&R Surplus, unique luxury lounging wear from Wrap Up by VP, State and Manor, Sundry and more. Take home a spa inspired gift-able by APOTHIA, LaNatura, Voluspa and adorn your post spa healthy self with gorgeous accessories from Athena Designs, Brens Zen, and Mala Mantra. Our boutique is welcome to all guests, and you do not have to have a spa service to shop with us. Come enjoy!







S P A M O N T A G E  
L A G U N A B E A C H

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