

sweet beginnings

- gf** SEASONAL FRUIT & BERRIES 19
NUTELLA BEIGNETS crushed hazelnuts, vanilla bean crème anglaise 13
- gf** ACAI BOWL buckwheat groats, crunchy almond butter, coconut, banana, raw honey 19
BUTTERMILK PANCAKES fresh berries, powdered sugar 25

fresh pressed juices

- BRIGHT EYES orange, carrot, ginger, turmeric, lemon 13
- DETOX beet, carrot, apple, mint 13
- GREEN VITALITY kale, spinach, cucumber, lemon, apple, chlorophyll 13
- CHIA FRESCA cranberry juice, water, chia seeds, honey, lime juice 13
- WELLNESS SHOTS **choice of:** chlorophyll H2O, apple cider vinegar, hangover cure, beet horseradish 8

organic eggs

- gf** EGG WHITE FRITTATA tomato, spinach, fresh mozzarella, goat cheese, avocado, tender greens 24
- AVOCADO TOAST country wheat, poached eggs, goat cheese, organic baby tomatoes 23
- TRADITIONAL EGGS BENEDICT french ham, asparagus, dijon hollandaise 26
- CAST IRON HUEVOS RANCHEROS over easy eggs, black beans, avocado, salsa, queso fresco 24

savory starters

- CRUDITÉ PLATTER veggies, halloumi, hummus, cucumber yogurt, marinated olives, pita 22
- CRISPY ORGANIC BRUSSELS SPROUTS pancetta, fresh parmesan, organic fried egg 23
- CILANTRO-LIME GUACAMOLE housemade tortilla chips 16
- gf** SHRIMP COCKTAIL avocado, horseradish, cocktail sauce, lemon, corn chips 25
- CHEF'S SEASONAL SOUP OF THE DAY 10

wild greens

- gf** KALE SALAD avocado, quinoa, almonds, celery, dried cherries, goat cheese, green apple balsamic 24
- gf** ROOFTOP CHOP grilled tiger prawns, olives, feta, tomato, garbanzo beans, cucumber, red pepper 28
- gf** GRILLED ORGANIC CHICKEN avocado, corn, white beans, tomatoes, red onion, pepitas 26
- AUTUMN SALAD mix greens, tofu, purple eggplant, baked kabocha, sesame, ponzu dressing 22
- *add grilled organic chicken 8 santa barbara smoked salmon 8 grilled prawns 11 grilled scottish salmon 12*

from the grill

- BLTA SANDWICH bacon, lettuce, tomato, avocado, spicy aioli, sourdough bread 26
- ROASTED TURKEY & AVOCADO MELT pumpernickel, muenster, dijonnaise, tomato 26
- gf** SEA BASS FISH TACOS cotija, cabbage, guacamole, green onion, cilantro-lime sauce 29
- ANGUS PRIME BURGER bacon jam, muenster, live lettuce, tomato, red onion 28
- TURKEY BURGER lettuce, red onion, avocado, gruyère, cilantro lime aioli 24
- VEGGIE BURGER open-faced, sweet potato, quinoa, corn, melted muenster, avocado, brioche bun 26
- ASIAN CHICKEN SANDWICH brioche bun, cabbage cilantro slaw, spicy aioli 28
- gf** TERIYAKI GLAZED SCOTTISH SALMON avocado, yuzu yogurt, crushed peanuts, quinoa, asparagus 38
- STEAK FRITES grilled beef sirloin, french fries, steamed green beans, shallot compote 38
- JAPANESE BENTO BOX steamed rice, tofu, shishito peppers, salad, crudities, miso soup 38
- choice of salmon or chicken teriyaki
- *add an organic fried egg to any dish 4*

Our ingredients are thoughtfully sourced, our eggs come from happy chickens, and everything is made from scratch