

MORNING BEVERAGES

Coffee \$5
Café Latte \$7
Hot Cocoa \$6

Espresso \$6
Café Mocha \$7
Selection of Juices \$7

Cappuccino \$7
Macchiato \$7
Organic Tea \$6

STARTERS

Berry-Yogurt Parfait \$16

Local Honey, Granola
Almonds, Fresh Fruit

Steel Cut Irish Oatmeal \$15

Preserved Fruit Compote, Candied Walnuts

Bircher Muesli \$14

Honey-Cinnamon Rolled Oats, Almonds, Fresh Apples
Raisins, Dried Cranberries

Mountain Muesli \$14

House Made Granola, Fresh Apple & Banana, Almonds
Dried Fruits, Choice of Milk

Seasonal Fruit Plate \$15

Fresh Fruit, Greek Yogurt

Scottish Smoked Salmon* \$23

Heirloom Tomato-Cucumber Salad, Shaved Red Onion
Chive Cream Cheese, Sliced Apple, Egg, Caper Vinaigrette
Choice of Bagel

Fruit Smoothie \$10

Choice of Mixed Berry or Strawberry & Banana

GRIDDLE SPECIALTIES

Belgian Waffle \$18

Berry Compote, Vanilla Bean Chantilly
Vermont Maple Syrup

Cinnamon Crusted French Toast \$18

Apple Cranberry Compote, Marscapone Mousse
Vermont Maple Syrup

Buttermilk Pancakes \$17

Whipped Butter, Vermont Maple Syrup
Add Blueberries, Bananas, or Chocolate Chips \$2

EGG DISHES

Farm Fresh Eggs* \$19

Two Eggs Any Style, Sliced Tomato, Breakfast Potatoes
Choice of Smoked Bacon, Ham or Sausage
Choice of 7 Grain, Sourdough Toast or English Muffin

Build an Omelet* \$21

CHOOSE UP TO THREE INGREDIENTS
EACH ADDITIONAL INGREDIENT \$1

Sweet Onions, Mushrooms, Peppers, Heirloom Tomatoes
Spinach, Bacon, Sausage, Ham, Aged Cheddar
Choice of 7 Grain, Sourdough Toast or English Muffin

Eggs Benedict*

CHOICE OF:

Canadian Bacon \$22

Local Smoked Trout \$25

Avocado \$20

Two Poached Eggs, English Muffin
Hollandaise, Breakfast Potatoes

Huevos Rancheros* \$19

Two Over Easy Eggs, Black Beans, Chorizo
Red Sauce, Aged Cheddar, Corn Tortillas

Apex Signature Breakfast* \$25

Two Poached Eggs, Buttermilk Biscuit, Arugula
Prosciutto, Black Truffle Parmesan Cream

House Cured Corned Beef Hash* \$26

Two Poached Eggs, Golden Potatoes, Onions, Peppers
Scallions, Whiskey Jus

Wellness Breakfast \$19


Egg White Scramble with Asparagus, Artichoke, Spinach
Onions & Roasted Peppers
Served with Bran Muffin & Cottage Cheese

ON THE SIDE

Turkey Bacon \$8
Smoked Bacon \$8
Country Pork Sausage \$9

Heirloom Tomatoes \$7
Breakfast Potatoes \$7
One Egg Any Style* \$3

Cottage Cheese \$7
Seasonal Fruit Bowl \$9
Bakery Basket \$15

 These items represent heart healthy options created in conjunction with Spa Montage

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.