

**SOUTHERN SPA SPECTACULAR**From SoFla to SoCarol, enjoy serenity with these packages

elax and rejuvenate is the mantra for busy moms and stressed out worker bees. These nearby spas offer packages to soothe your wild beast. Book your stay directly with the resort to get these deals, subject to availability.

Costa d'Este, Vero Beach, FL: You can book for a day or longer at this gorgeous retreat owned by Gloria Estefan and friends. Enjoy a Hop-To-It pedicure with a Fluffy Bunny soak, followed by a citrus scrub, and conclude with a sunflower honey butter massage, then polish. A Glow and Go Facial banishes dull winter skin with a fine facial polish and probiotic milk mask, lavender and chamomile under-eye treatment. The Tranquil Pro-Sleep Massage uses an innovative light touch that acts on three different sensorial pathways (touch, sound, smell), sure to induce a deep sense of relaxation while hydrating the skin. costadeste.com



Pelican Grand Beach Resort, Ft. Lauderdale, FL: Enjoy this private, pristine beachfront resort from the 11th floor Pure Suite penthouse. The Scandinavian-inspired PURE Spa — boasting floorto-ceiling glass windows has a variety of rejuvenating massages, facials, skincare essentials, and body treatments, etc. The Suite Serenity package includes a welcome amenity, plush robe, Maria Akerberg gift basket; reserved beach chairs and umbrella; paddleboard rental; rooftop yoga session; a spa treatment and dinner at Ocean2000. pelicanbeach.com

Orlando World Center Marriott, Orlando, FL: The Seek the Weekend package offers a 20% off a Friday- and Saturday-night stay and a \$25 nightly hotel credit to use anywhere, including the full-service, boutique spa. Enjoy one of Forbes "coolest hotel pools," get pretty at the Blo Bar and dine at one of the nine restaurants, from Italian to Japanese. worldcentermarriott.com



Salamander Beach & Spa Resort, Destin, FL: The Spa Royalty escape serves up a pristine sugar sand beach and glistening turquoise waters with their signature escape. Bliss out with a breathtaking suite, a bottle of wine upon arrival, 3+ hours of complimentary spa treatments including the Aromatherapy Massage, Salt & Sea Scrub and Caviar Facial with access to the Lavender Lounge pre- and post-treatment, as well as several Wellness Mineral Bath Soak Turndown Amenities, there is also access to paddleboarding, sunset spin fitness and sunrise yoga classes. salamanderhotels.com/hotels-and-resorts/the-henderson

Montage Palmetto Bluff, Bluffton, SC: The Southern Woman package pays homage to the modern Scarlett O'Hara and features a luxurious room, a \$250 Spa Montage credit, sporting clays for two at the shooting club, breakfast daily at Buffalo's, two bikes, complimentary kayaks, canoes, fishing equipment and fitness classes plus a check-in amenity. montagehotels.com/palmettobluff•

